
"READ ME" IMPORTANT NOTES

While every effort has been made to ensure operability, some issues remain. The following outstanding issues have been identified for ExpectantSee™ software:

Windows NT 4.0

Systems running Windows NT 4.0 require the application of Service Pack 6 before product installation. This service pack can be obtained from the Microsoft website:

www.microsoft.com.

All Windows Systems running Macromedia Flash version 5

ExpectantSee software is built with Macromedia Flash version 6. If Macromedia Flash version 5 is installed on your computer, the screensaver may not function properly. To resolve this problem, please install the latest version of the Macromedia Flash player. If you purchase ExpectantSee as a download using Windows and Internet Explorer, you will be automatically prompted to upgrade to the latest Flash version, if necessary. But other users must visit www.macromedia.com to obtain the latest Flash software.

We apologize for any inconvenience these issues may cause.

Visit www.expectantSee.com for new notices about the software.

Software USER NOTES**Welcome to ExpectantSee™: Your Pregnancy Timeline.**

During pregnancy it's natural to be curious about what's going on, but it's simply not possible to get an inside view of your pregnancy every single day. That's why ExpectantSee was created. This software offers an artist's rendition of the stages of fetal development during the 40 weeks of pregnancy.

Enter your due date and watch your pregnancy develop.

ExpectantSee software is customizable. Enter a due date, and images appear showing a fetus with that same due date. As time passes, the screensaver works with your computer's clock to offer different images as the fetus's developmental stages change. Along with the images, simple lines of text appear, providing facts about fetal development. What you're seeing and reading matches the due date that you entered.

ExpectantSee is a source of information about your pregnancy. It's got wonderful graphics and offers interesting facts about fetal development. And because it works as a screensaver, it's effortless. The images appear on your computer automatically when it's idle, so you'll be reminded of the progress of your pregnancy without logging on or launching an application.

Start any week in your pregnancy or without a due date.

No matter how far along you are in your pregnancy, you can start ExpectantSee software. Just enter your due date and the screensaver will show your current pregnancy stage. Each day, the screensaver works with your computer's clock to move ahead in real time.

Don't worry about missing the weeks of your pregnancy that have passed. The screensaver contains an interactive calendar that allows you to click any date back in time (or forward in time) to see how the fetus looked (or will look) at those stages, too.

If you're not following an actual pregnancy, you can still enjoy ExpectantSee software. Select "random" instead of a specific due date, and a different image will appear at random each time the screensaver activates.

Your Guide To ExpectantSee™ Software. This guide contains the following sections:

1. Installing, turning on, and removing the software
2. Buttons
3. Screen elements
4. User settings
5. Screensaver functions controlled by your operating system
6. Common questions and answers

1. Installing, turning on, and removing the software

A) Installing the software

The software is designed to install in your computer automatically. Once you download the software, or install the CD-ROM, the installer will automatically go to work and place the screensaver where it needs to be. In a Windows computer, screensavers reside in the Control Panel or the Display Properties area. In a Mac OS computer, follow this path to locate your screensavers: System Preferences/Personal/Screen Effects. In these areas, you should see ExpectantSee software listed along with the other screensavers in your system. Here, you can adjust the amount of time until the screensaver starts and other functions listed in section 5: "Screensaver functions controlled by your operating system."

B) Turning on the screensaver without waiting

ExpectantSee is a screensaver, so it's designed to run automatically when your computer has been idle for a certain number of minutes. You can specify when you'd like the screensaver to start in the Control Panel section of a Windows computer or the Screen Effects section of a Mac OS computer.

If you don't want to wait, follow these steps:

Turning on the software fast on a Windows computer

1. Select Start in the lower left corner of your desktop.
2. Select Control Panel.
3. Select Appearances and Themes.
4. Select Choose a Screensaver.
5. The Display Properties window should appear. Select the Screensaver tab.
6. Be sure the word ExpectantSee shows in the drop-down menu. If not, click the arrow and a list of other screensavers will appear. Select ExpectantSee.
7. Select Preview and the screensaver will start on demand.

Turning on the software fast on a Mac OS X computer

1. Select the Apple Menu in the upper left corner of your desktop.
2. Select System Preferences.
3. In the Personal section, select Screen Effects. Be sure the word ExpectantSee is highlighted.
4. Select the Hot Corners tab and follow the instructions to make a corner of your display activate ExpectantSee software when the mouse enters that corner.
5. Now, any time you move your mouse to that corner, you can turn on the ExpectantSee software fast.

C) Removing the software

When you no longer want to run ExpectantSee software, you can delete the screensaver from your hard drive, or simply select a different screensaver.

Deleting it from your hard drive

To delete the screensaver from your hard drive, look for it in your file directory, or type the following word in your computer's search feature: Expectantsee.scr. Select this application and drag it into the trash. You can also use an uninstall program, purchased separately.

Selecting a different screensaver on a Windows computer

1. Select Start in the lower left corner of your desktop.
2. Select Control Panel.
3. Select Appearances and Themes.
4. Select Choose a Screensaver.
5. The Display Properties window should appear. If necessary, select the Screensaver tab.
6. The word ExpectantSee shows in the drop-down menu. Click the arrow, and a list of other screensavers will appear. Select a different screensaver.
7. Select Preview and the alternative screensaver will start.

Selecting a different screensaver on a Mac OS X computer

1. Select the Apple Menu in the upper left corner of your desktop.
2. Select System Preferences.
3. In the Personal section, select Screen Effects.
4. Select a different screensaver from the list.

2. Buttons

The following buttons control the functionality of ExpectantSee software:

Calendar Up Arrow and Down Arrow buttons

These round buttons with two triangles are located above and below the calendar. Click to scroll the calendar backward and forward in time, month by month.

Show Calendar and Text button

This button looks like a mini-calendar and is located at the bottom left of the screen. Click to show calendar and text information onscreen; click again to remove the calendar and text information and see only the illustration.

Open user settings

This round button contains the profile of a fetus and is found at the bottom left of the screen. Click to view the control panel that allows you to set the due date and background colors.

Close ExpectantSee

The round button containing an "X" is located at the bottom right of the screen. Click here to return to the desktop. You can also touch any key on your keyboard to return to your desktop.

3. Screen elements

Fetal images

ExpectantSee software contains a set of about 25 unique illustrations. The illustrations are timed to change at various developmental stages. At stages in the pregnancy when changes are rapid, a new image appears after one week. Other times, the images change every two or three weeks. During the third trimester, five different images, all developmentally appropriate, appear at random.

Background

The background is an abstract set of colors. The contours of the background move at a slow pace, so it does not always look the same. You can select a primarily blue or primarily pink background or opt for random color mode. In random color mode, each time the screensaver engages on your idle computer, the screensaver will be either pink or blue.

Calendar

The calendar is a graphical element that represents the 40 weeks of a pregnancy, customized to end on the entered due date.

This calendar tracks "pregnancy age" not "fetal age." That means it begins on the first day of the menstrual cycle that generates the ovum that becomes fertilized, so conception occurs at around the second week of pregnancy. If your doctor tracks your pregnancy by "fetal age" the number of weeks may appear different, but the images are still appropriate for your due date.

Dates before and after the pregnancy are not shown, so months might not look "complete." For example, if your due date is December 1, only the first day in December will appear onscreen. The rest of the month will not appear.

The calendar is a "clickable" feature that allows you quickly to jump to various dates throughout the 40 weeks. The dates you select on the calendar are not permanent. The next time the screensaver engages it will revert back to the actual date determined by your computer's clock.

Only three months are visible at a time. Use the up and down arrow buttons at the top and bottom of the calendar to scroll month by month.

The date shown automatically repositions itself to appear in the center month. If you click a date in the top or bottom month, that month will move to the center.

Calendar and Text On/Off

If you prefer to see the illustrations without the calendar or text, select the Calendar and Text On/Off button at the bottom left of the screen. If the text and calendar are not visible, click on the button again to make them appear.

Text

At the bottom of the screen, text phrases appear describing developmental milestones of the fetus at its current stage. Each brief line is set to appear and remain onscreen for several seconds, then be replaced by a different line. The text appears at random, but it is always appropriate for the date.

You can bring a new phrase into view at any time by clicking on the current date on the calendar. The phrases appear at random, so you might see the same phrase more than once.

4. User settings

To open the User Settings, click the circular button containing the profile image of a fetus at the bottom left of the screen. The User Settings window will appear.

To close the User Settings window, click the "circle X" button at the top right corner of the User Settings window.

A) Set your due date

This software presents images and text about fetal development along the same schedule as your own pregnancy. The first time you install the software, the "Getting Started" screen prompts you to enter your due date. If you would like to change the due date, select the Open User Settings button at the lower left corner.

To select a month, click the small arrow at the right of the word "MONTH." A list of months appears. Select the month of your due date by clicking on the word. If you don't see the month you are looking for, click the scrollbar to the right of the list. Scroll the list up or down to find your month. The drop-down menus for selecting a date and a year operate the same way.

The software works with your computer's clock. It will accept any due date between tomorrow and 280 days into the future, which is the standard pregnancy length. If you attempt to enter an invalid date, the software will give you the chance to enter a different date.

If your computer's clock is not working correctly, the software might not work correctly. If you are having problems with the way the software runs, check to see if your computer's clock is accurate. For example, if your laptop battery life has run out or you've had a system crash, your clock might revert to an inaccurate date or time. [This screensaver requires an accurate, current date and time.](#)

After the entered due date has passed, if you do not remove the screensaver or change the due date, the screensaver will automatically revert to "no due date" mode in which the images and text appear in a random order.

B) No due date

Set "no due date" to allow the images and text to appear in a random order. This setting is ideal for people using the software before or after an actual pregnancy. It is also ideal for clinics or offices that work in the pregnancy field but do not want to track the timeline of a specific pregnancy.

C) Set the background color

Click a circular radial button next to the word "Pink," "Blue," or "Random" to select the background palette. Choose "Random" if you do not want to specify one color theme, and each time the screensaver engages either the pink or blue palette will appear.

5. Screensaver functions controlled by your operating system.

Some screensaver functions cannot be controlled from within the screensaver itself. For Windows computers, they must be managed from the Control Panel section of your operating system. For Mac OS X users, they must be controlled from the Screen Effects area. Those functions include:

- Setting the number of minutes that the computer is idle before the screensaver engages.

- Password-protecting the computer by prompting for a secret word before the screensaver terminates and other applications can be used.
- Saving energy by putting the computer to sleep after it's been idle for a certain duration.
- Turning on the software without waiting for the screen to be idle (using the Preview button for Windows computers, and Hot Corners in Mac OS computers).
- Selecting a different screensaver when you no longer want to view ExpectantSee software.

6. Common questions and answers

A) Graphics and images questions

Why are the first two weeks "blank"?

When tracking fetal development using the "pregnancy age" method, the pregnancy begins on the first day of a woman's last menstrual period. About two weeks later, her ovum is fertilized by a sperm. When a pregnancy is confirmed by the presence of pregnancy hormones in a woman's body, doctors in effect "backdate" the beginning of the pregnancy so it begins with the start of the woman's menstrual cycle. Because this software tracks fetal development using the "pregnancy age" method, it does not show a fetal image during those weeks since there is no fetus during those weeks.

The words and the calendar have disappeared! How do I get them back?

This software contains a "Show Calendar and Text" button at the lower left corner of the screen. The button allows you to control whether you'd like to see the calendar and text or simply see the image of the fetus by itself. This control works as a toggle; click once to make the calendar and text appear. Click again and the calendar and text will disappear.

Can I modify the text at the top that shows the product name, the due date, date shown, and week shown?

The text at the top of the screen is designed to remain in place. The due date, date shown, and week shown are automatically calculated by the software. The numbers and dates will change when you click the calendar module on the left side of the screen. You cannot change the week or date shown by clicking on the words.

Why are some words and buttons hard to see?

Some of the words and buttons are white. The background colors include white. The background is always moving very slowly across the screen. Sometimes, a white part of the background moves behind a white word or button making it difficult to see—but it is still there. Wait a few minutes, and the background will move so you can read the words.

How accurate are the pictures?

The images you see in ExpectantSee have been created by an artist. They are for entertainment only. Though they are based on medical research, they are not intended to be precise in a medical sense. For example, these images do not show an umbilical cord. They lack many details. The skin tone was selected by our designers. The images are intended to give you a general sense of the shape of a typical fetus.

Where is the umbilical cord?

ExpectantSee is a creative work, not a scientific one. The artists working on ExpectantSee chose not to show an umbilical cord.

B) Motion Questions

Why don't the limbs move until week 12?

Scientists believe that the muscles of an embryo are developed enough to begin moving after week 12, but not before. So we did not design pre-week-12 embryos to have separate moving arms and legs.

Why do the images move in different ways?

The movements are designed to be random. All of the images have some kind of motion, but they might not move the same way.

Why is the motion so slow?

The speed of the images depends mostly on the speed of your computer's processor and the number of programs that are running at the same time. If you have a lot of large programs running, the motion in the screensaver will appear slower. Even on the fastest computers, however, the motion is meant to be gentle and subtle.

C) Calendar questions

When I click on the calendar, why does the date move?

The screensaver is designed always to position the date shown as the center month. The month you select will automatically "move" to the center location.

Why doesn't the calendar show dates after my due date or before my pregnancy?

The software is designed to depict a typical 40-week pregnancy. The calendar module allows you to see any date during that 40-week phase. For simplicity, it is not designed to track days before or after the pregnancy. For that reason, some months might appear incomplete. For example, if your due date is December 1, the first day in December is the only one that will appear.

Text questions

When is the term fetus used, and when is the term embryo used?

Scientists use the word "embryo" when they are referring to a pregnancy in the first trimester. After about week 10 or 12, the term "fetus" is used.

How much text does ExpectantSee contain?

ExpectantSee contains more than 450 unique lines of text.

Why do I read some lines of text again and again?

Each line of text in ExpectantSee is timed to appear during the parts of pregnancy in which it is appropriate. Some of the content in ExpectantSee refers to a very brief period and will appear only for a few days. For example, the following line appears only during the ninth week: "This week, the embryo can double in length." Other lines refer to general concepts that are applicable for many months, such as the line: "All over the body, the skin is sensitive to touch." This sense of touch develops around week 14 and lasts throughout pregnancy. So chances are good that you will see that line more than once.

Can I search for a specific line of text?

The text is designed to appear at random. There is no way to search for text. You can click a calendar date if you'd like to see new, random lines of text.

Why is the text so short and only about the fetus?

Fetal development is the main concern of this software, so it does not contain information about maternal experiences during pregnancy. Because it is a screensaver, the text is designed to be brief.

E) Other topics

Does this software play music or make any sounds?

This software does not play music or make any sounds. Because screensavers, by design, run when the computer is idle and the owner is away, noises can become bothersome to others nearby.

If your question is not in this document,
please visit www.expectantSee.com for a more complete list of questions.

expectantSee™ **Motif1**

www.expectantSee.com

© 2004 Motif 1 Productions, Inc. All rights reserved. ExpectantSee is a trademark of Motif 1 Productions, Inc. All other trademarks are the property of their respective owners. Special thanks to Maureen Abate and Elizabeth Tipton.

Part No. 030404